

**PSYDERMCON 2024**  
**Scientific Program**  
**Venue: Lecture Theater Complex, PGIMER Chandigarh**  
**Dates: 6-7 December 2024**

**Day 1: 06 December 2024**

<b>Day 1: Lecture Theater 1</b>			
9:00-10:00 AM	Inauguration and Tea		
<b>Time</b>	<b>Topic</b>	<b>Speaker/s</b>	<b>Chairpersons</b>
10:00–10:30 AM	Plenary Session: "Measuring And Managing The Psycho-Social Impact of Skin Disease"	M Ramam	Sunil Dogra, SK Mattoo, D Basu
10:30–11:00 AM	Keynote address: Classification Of Psychodermatological Disorders	Mohammad Jafferany	
11:00–12:00 Noon	Symposium: Paediatric Psychodermatology	Nidhi Chauhan, Rahul Mahajan, Akhilesh Sharma	Abhishek Ghosh, Adarsh Kohli , Smitha Prabhu
12:00–12:30 PM	Neuroimmunology Of Pruritus	Asit Mittal	OP Singh, Lalit Kumar Singh, Dimple Chopra
12:30–1:00 PM	Hypnosis in Dermatology	Abdul Latheef	
1:00-2:00 PM	Lunch		
2.00–2.30 PM	Setting Up A Psychodermatology Liaison Clinic	Shrutakirthi D Shenoi	Ritu Nehra, Tejinder Kaur, Bhushan Kumar
2.30–3.00 PM	Psychotropic Drugs and the Dermatologist	Smitha Prabhu, Savitha Soman	
3:00–3:40 PM	Mindfulness Based Cognitive Therapy For Anxiety And Depression in dermatological conditions	Meera Bahu	
3:40 PM-4:00 PM	Tea break		

4:00–4:20 PM	'Uniting skin and mind' : When & where is the role of a Psychiatrist	Yogender Malik	Vivek Malhotra, Pushpinder Chauhan, Swapanjeet Sahoo
4:20–4:40 PM	Psychodermatology Is Dermatology 2.0	Pankhuri Dudani	
4:40-5:00 PM	Dermatological aspects of addictions	Shalini Naik	

<b>Day 1: Lecture Theater 2</b>			
<b>Time</b>	<b>Topic</b>	<b>Speaker/s</b>	<b>Chairpersons</b>
11.00–1:00 PM	Workshop On Mindfulness And Relaxation Therapy	Sudipta Roy, Ishan Pandya	Anand Kumar, KK Sony, Nirja Sheth
1:00-2:00 PM	Lunch		
2:00–2:20 PM	Phobias In Dermatology	Bishurul Hafi	Naveen Kansal, Vinay K, Manoj Goyal
2:20–2:40 PM	Psychosexual Disorders In Males	Sachin Kore	
2:40–3:00 PM	Approach To Alopecia: Psychodermatology Perspective	Pratik Gahalaut	
3:00-3:20 PM	Psychosocial Management Of Trichotillomania	Swapanjeet Sahoo	Gitesh Sawatkar, Vanita Gupta, SD Mehta
3:20-3:40 PM	Habit Reversal Therapy in Dermatology	Ajay Kumar Sharma	
3:40-4:00 PM	Tea Break		
4:00 - 4:20 PM	Spotting The 'Psych' In 'Psycho-Dermatology': A Case Presentation	Shrea Kapoor	Manjeet Pal, Ashish Bhalla, Sumir Kumar

4:20-4:40 PM	Approach to a case of delusional parasitosis	Rahul Chakravarty	
4:40-5:00 PM	Psychological impact of common cutaneous diseases among school going children	Sumit Kaur	

**Day 1: Lecture Theater 3**

<i>Time</i>	<i>Topic</i>	<i>Speaker/s</i>	<i>Chairpersons</i>
11:00–1:00 PM	Free Paper Session		GP Thami, Subodh BN, Rajsmi Bhattacharjee
11.00–11.15 AM	Differentiation Between Localised Alopecia Areata And Trichotillomania: Is Dermoscopy A Relevant Tool?	Dr. Abhilasha Negi	
11.15–11.30 AM	Psychocutaneous Disorders On Rise Among Children And Adolescents.	Dr. Ajay Kumar Singh	
11.30–11.45 PM	Psychiatric Comorbidity In Atopic Dermatitis	Dr. Alana Davis	
11.45–12.00 PM	Psychological Burden In Patients Attending The Dermatology OutPatient Clinic In A Tertiary Care Centre - A Questionnaire Based Survey	Dr. K. Ashik	
12.00–12.15 PM	Trichotillois: Current Concepts	Dr. Bipina	
12.15–12.30 PM	Childhood Leprosy A Bane To Child Mental Health – A Cross-Sectional Study	Dr. Deepthi Upadhya	
12.30–12.45 PM	Impact Of Alopecia Areata Severity On	Dr. Harmandeep Kaur	

12.45–1.00 PM	Quality Of Life: A 6-Month Correlation Study  The Unseen Burden: Psychological Impact Of General Pruritus In The Elderly	Dr. Jenny Goyal	
1:00–2:00 PM	Lunch		
2:00–3:00 PM	Poster Walk/ Assessment		Judges: OP Singh Abdul Latheef
3.00–4:00 PM	Quiz Prelims	Anupam Das Priyansh	
4:00–5:00 PM	General Body Meeting		

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**Day 2: 07 December 2024**

<b>Day 2: Lecture Theater 1</b>			
<b>Time</b>	<b>Topic</b>	<b>Speaker/s</b>	<b>Chairpersons</b>
8:15–9:45 AM	Quiz Finals	Anupam Das Priyansh Gupta	Smitha Prabhu Savitha Soman Rajwinder Singh
9:45–10.00 AM	Tea Break		
10:00–11:00 AM	Symposium On Skin NTDs	Tarun Narang, Helen Roberts, Aseem Mehra	Vikram Mahajan, Vikas Suri, Anuradha Bhatia
11:00–11:20 AM	Psychosocial Impact of hyperpigmentary disorders on the patient	Rashmi Sarkar	Shrutakirthi D Shenoi, Mala Bhalla, Dipankar De
11:20–11:40 AM	Digitized dysmorphia: the psychosocial impact of social media trends on dermatology patients	Hitaishi Mehta	
11:40–12:00 Noon	Screening Of Body Dysmorphic Disorders In Patients In Aesthetic Practice	DM Thappa	
12.00–01:00 PM	Panel Discussion: Psychological Dimensions Of Beauty: Managing Psychodermatology Issues In Aesthetic Practise	Vivek Malhotra, Jatin, Vikramjeet Singh Dhingra, Shubh Mohan Singh	Moderator: Prananya Bagde  Chairperson: PS Walia, Jasleen K Sandhu, Maleeka Sachdeva
01:15–2:00 PM	Lunch		
2.00–2.20 PM	Mental Health In Acne And Hidradenitis Suppurativa	Abhineetha Hosthota	Rajesh Verma, KS Mehta, GK Verma
2:20–2:40 PM	Quality Of Sleep And Dermatological Conditions	Swapna Bondade	
2:40–03:00 PM	Psychosocial approach and management of	Chinmay Deshpande	

	psoriasis related Psychiatry morbidities		
3:00–3:30 PM	Tea Break		
3.30 PM-4.00 PM	Family quality of Life in dermatology	Dr Surbhi Jain	Rohit Bansal, Roma Pandhi, Shalini Naik
4:00–5:00 PM	Valedictory Function		
5:00–6:00 PM	High Tea		

<b>Day 2: Lecture Theater 2</b>			
<b>Time</b>	<b>Topic</b>	<b>Speaker/s</b>	<b>Chairpersons</b>
10:00-10:20 AM	Psychological phenomenon in Psychodermatoses: Inner pursuit for psychological equilibrium	Lalit Kumar Singh	Ajay Kumar, Harpreet Singh
10:20 - 10:40 AM	Role of CBT (Cognitive Behavioural Therapy) in various Dermatological conditions	K K Sony	
10:40-11:00 AM	Psychological mechanisms relevant to Trichotillomania	Abhinav Agrawal	
11:00–1:00 PM	Theoretic Aspects And <b>Workshop On Habit Reversal Therapy In Dermatology/ Role Play</b>	Sudipta Roy , Ishan Pandya,	Ram Malkani, GP Thami, Yashdeep Pathania
01:00–2:00 PM	Lunch		

**Day 2: Lecture Theater 3**

<i>Time</i>	<i>Topic</i>	<i>Speaker/s</i>	<i>Chairpersons</i>
10:00-10:10 AM	<b>Award Papers</b> A Prospective Cohort Study To Determine The Psychiatric Co-Morbidity In The Patients Of Vitiligo And Their Family.	Dr. Diksha Bhandari	
10.10-10.20 AM	Exploring Quality Of Life Impairments In Indian Children With Atopic Dermatitis And Alopecia Areata: Insights From A Tertiary Care Center In North India	Dr. Ishita	Judges Dr Abhineetha Dr Shubh Mohan Singh
10.20-10.30 AM	The Impact Of Leprosy On Health-Related Quality Of Life: Experience From A Tertiary Care Centre	Dr. Nidhi Sharma	
10.30-10:40 AM	Cognitive Impairment Among Patients With Chronic Skin Inflammatory Disorder (Psoriasis And Vitiligo): A Comparative Study	Dr. Pariniti Khillan	
10.40-10.50 AM	To Study Alexithymia, Quality Of Life And Severity Of Disease In Patients Of Psoriasis: A Cross-Sectional Study From North India	Dr. Rucha Herlekar	
10.50-11.00 AM	A Study Quantifying Body Dysmorphophobia In Patients With Cosmetic Concerns Visiting A Dermatology Clinic	Dr. Rutvi	
01:00-2:00 PM	Lunch		